



Board of Registered Polysomnographic Technologists

RPSGT®
Registered Polysomnographic Technologist

CPSGT®
Certified Polysomnographic Technician

CCSH
Certification In Clinical Sleep Health

CSTE
CONTINUING SLEEP TECHNOLOGY EDUCATION

BOARD OF REGISTERED POLYSOMNOGRAPHIC TECHNOLOGISTS
STAR SLEEP TECHNOLOGY APPROVED RESOURCE



2019 Year In Review The BRPT Annual Overview

Published March 2020



A Look Back

When my tenure as President came to a close in December 2019, I thought back on the two years I spent working with a committed, creative and insightful Board of Directors all of whom serve in volunteer roles yet work tirelessly to further and better our industry. I'm proud of the work we accomplished from building stronger, collaborative partnerships with like-minded organizations such as the AAST, AASM and World Sleep to moving our own organization to a self-management model. Transitioning away from using the services provided by an association management company has been one of our goals and I'm thrilled to have been a part of this process that will reduce overhead costs and assure a high quality of customer service.

We recently opened a new CCSH exam pathway for active RPSGT credential holders. This allows a number of seasoned sleep health professionals to sit for the CCSH exam and we welcome their eagerness and expertise into this cadre of growing professionals. And, on the education front, we announced a two-tiered checks and balances system to assess the efficacy of STAR-designated education programs.

I very much look forward to continuing my work with the BRPT in the role of past-president as it's particularly gratifying to do so at a time when the future looks so bright for our profession.

Jessica Schmidt, MA, FACHE, RPSGT, CCSH
President



A Look Ahead

I'm honored and energized to embark on my first year as President of the BRPT. Having served on the Board for five years, and as Treasurer, I've had the privilege of working alongside an excellent Board of Directors that's international in scope and blends the expertise of technologists and physicians, all of whom lend their unique talents and skill sets to further our profession.

This year, we will build on the successful panel discussion held at the World Sleep 2019 conference in Vancouver, and the terrific meeting we had with sleep health professionals from around the world to discuss sleep technologist credentialing. Following those discussions, we're exploring the feasibility of an international sleep technologist certificate. These meetings gave us the opportunity to speak with the European Sleep Research Society, the World Sleep Society and the Canadian Sleep Society about the work involved in building a databank of questions, reviewing eligibility, administering exams, and requirements for continuing education and recertification.

Closer to home, we received extensive feedback from our credential holders about the need for a specialty exam for pediatric sleep, and this year we're excited to launch an online Pediatric Sleep Certificate Exam. This new exam for pediatric sleep will be available in the coming months and successful candidates will be awarded an assessment-based certificate. Stay tuned!

To our credential holders, stakeholders and friends in the profession – I thank you for your continued commitment to BRPT and look forward to meeting and working with you during my term as President.

Steve Marquis, MBA, RPSGT, CCSH
President



BRPT Mission Statement

The mission of The Board of Registered Polysomnographic Technologists (BRPT) is to build upon its history as the global leader in sleep technologist credentialing and certification; to provide high quality sleep technology products and services that inspire professional excellence, recognition, and lifelong learning; and to create long-term value for credential and certificate holders.

BRPT Vision Statement

The organization recognized around the world for the highest standards in sleep credentialing, certification and education.



Sleep Health Specialists Continue To Advance Their Careers By Earning The Certification In Clinical Sleep Health

The Certification In Clinical Sleep Health (CCSH) exam was first offered in May 2014. By the end of 2019, there were 1,008 CCSH credential holders with 57 certified in 2019 alone. Last year, 91 CCSH credential holders completed the recertification process. Like other BRPT examinations, the CCSH exam is available on demand with immediate test results. CCSH credential holders are advanced level health professionals who help newly diagnosed patients learn how to make improvements in their day-to-day lifestyle habits for better overall health, recognize symptoms of underlying associated health issues, and empower them to ask appropriate questions for better self-management of their sleep disorder.

BRPT Prepares To Open A New Pathway #3

Efforts to open CCSH Pathway 3 – for active RPSGT credential holders, who have recertified at least once and have completed a CCSH-designated focused education program continued in 2019. Pathway 3 for the CCSH exam will ensure experienced sleep health professionals are eligible to sit for the exam even if they do not hold an Associate's or Bachelor's degree.

The AAST developed and offered a new CCSH education program, entitled the AAST CCSH Designated Education Program, to meet CCSH exam eligibility under Pathway 3. The program debuted in September at the AAST 2019 Annual Meeting in St. Louis and proved to be a big success with nearly 100 participants.



RPSGT Examination Pathways:

There are 5 eligibility pathways for the RPSGT exam:

RPSGT Pathway 1: Clinical Experience.

For candidates with a minimum of 1,638 hours of experience in the field and who have also completed a STAR-designated Self-Study education program.

RPSGT Pathway 2: Healthcare Credential.

For candidates with a minimum of 546 hours of experience and who have another healthcare credential.

RPSGT Pathway 3: CAAHEP/CoARC Student.

For graduates of a CAAHEP or CoARC-accredited polysomnography education program.

RPSGT Pathway 4: Focused Training.

For candidates with a minimum of 819 hours of experience in the field and who have also completed STAR-designated Focused education, or a combination of Self-Study and Focused 2 education.

RPSGT Pathway 5: International Option.

For international candidates with a minimum of 546 hours of experience in the field.

CCSH Eligibility Pathways

There are currently two eligibility pathways for the CCSH exam:

CCSH Pathway 1: Clinical Experience. For candidates with at least 1000 hours of experience in clinical sleep health AND a bachelor's degree or above.

CCSH Pathway 2: Healthcare Credential. For candidates with an approved healthcare credential or license AND an associate's degree or above.

Note: Complete details of documentation and requirements necessary for the different examination Pathways can be found at www.brpt.org.

A Snapshot Of The RPSGT Exam

By the end of 2019, there were a total of 18,039 active RPSGT credential holders. In 2019, 516 candidates passed the RPSGT exam in the United States. And, the total number of international RPSGTs who passed the RPSGT exam totaled 133. International credential holders come from Australia, Bahamas, Brazil, Canada, China, Czechoslovakia, Hong Kong, India, Ireland, Japan, Jordan, Macau, Malaysia, Mexico, Netherlands, New Zealand, Oman, Pakistan, Philippines, Portugal, Qatar, Saudi Arabia, Singapore, South Africa, South Korea, Spain, Sweden, Switzerland, Taiwan, Thailand, Trinidad West Indies, United Arab Emirates, United Kingdom, Virgin Islands and Wales.



The CPSGT Exam Remains a Solid Stepping Stone Into The Profession

The CPSGT exam is geared toward individuals who are new to polysomnography and have limited clinical experience, or are not ready to take the RPSGT exam. In 2019, 138 individuals became CPSGT certificate holders. Currently, there are 204 active CPSGTs.

There are 3 eligibility pathways for the CPSGT exam:

CPSGT Pathway 1: Clinical Experience.

For candidates with a minimum of three months of clinical experience in polysomnography, and who have completed a STAR-designated Self-Study education program.

CPSGT Pathway 2: CAAHEP/CoARC Student.

For students within 2 months of graduation from, or graduates of, a CAAHEP or CoARC-accredited polysomnography technology education program.

CPSGT Pathway 3: Focused Training.

For candidates who have completed STAR-designated Focused education, or a combination of Self-Study and Focused 2 education.



The RPSGT Exam: NCCA Accredited

The National Commission For Certifying Agencies (NCCA) was created in 1987 by the Institute for Credentialing Excellence (ICE) – formerly the National Organization for Competency Assurance (NOCA) – to help ensure the health, welfare, and safety of the public through the accreditation of a variety of certification programs/organizations that assess professional competence. NCCA accredits over 200 of the leading credentialing examinations in the United States, including exams in many of the nursing and other allied health disciplines.

In the professional credentialing industry, NCCA accreditation represents compliance with best credentialing industry practices. Every five years, the BRPT must apply to have the RPSGT credential reaccredited. In 2017, the RPSGT credential received its accreditation for the next five years.



RPSGT Recertification Maintains A High Recertification Rate

Recertification is required every five years in order to maintain the RPSGT credential. It represents best practices, a commitment to continuing education, and keeping up to date on the latest developments in the field. Recertification may be achieved either by accumulating 50 approved continuing education credits during the last active 5 year credential window, or by retaking and passing the RPSGT exam. Certification holders with more than one BRPT credential can apply the same continuing education credits toward multiple recertifications as long as the continuing education content is applicable and occurs within the required time period for recertification.

Over the course of 2019, 2,023 RPSGTs were required to recertify, with 1,607 completing the recertification process. The recertification rate for RPSGTs was approximately 79 percent.



BRPT Announces The Launch Of A Pediatric Sleep Certificate Exam

Based on extensive feedback from BRPT credential holders about the need for a specialty exam for pediatric sleep, in November, the BRPT announced the development of an online Pediatric Sleep Certificate Exam. This new exam for pediatric sleep will be available in the first half of 2020. Spearheading the effort is BRPT Board member Michael McLeland, PhD., M.Ed., BA, RPSGT, along with a team of experienced Subject Matter Experts (SMEs) familiar with the BRPT's test development processes, and current professional issues.

RPSGT and CCSH credential holders will be eligible to sit for the BRPT's Pediatric Sleep Certificate Exam. Upon receiving a passing score on this new exam, candidates will be awarded an assessment-based certificate in pediatric sleep.

The exam will consist of 75-100 multiple choice questions covering four major domain areas including Pediatric Sleep Disorders; Pediatric Preparation and Study Performance; Pediatric Scoring; and, Treatment Options and Guidelines.



STAR Program Supports Education For Experiential Pathways For BRPT Exams

The BRPT's Sleep Technology Approved Resource (STAR) Program has nearly 25 educational programs receiving the STAR-designation. The STAR program is not an accrediting body for educational programs; it is a means for BRPT to approve education for experiential pathways for the BRPT examinations. The STAR program does not apply to CAAHEP or CoARC accredited education programs which undergo



rigorous evaluation and review by their accrediting bodies. BRPT strongly supports and encourages accreditation of educational programs by CAAHEP and CoARC. However, because there are multiple entries into the field and limited access to formal PSG programs currently, BRPT uses the STAR program as a means to designate approval of alternative education for exam eligibility for experiential pathways. STAR-designated programs fall into one or more of the following education categories: Self-Study (6 programs), CCSH Self-Study (1 program), Focused (11 programs), Focused 2 (5 programs).

BRPT Announces Important Changes To STAR Program

In an effort to assess the efficacy of STAR-designated education programs, the BRPT announced in April that it would be implementing a two-tiered checks and balances system beginning in 2020.

First, all existing STAR programs will be required to submit an annual report that outlines the following:

1. Number of completers.
2. Number of completers who took the CCSH/RPSGT/CPSGT exams.
3. CCSH/RPSGT/CPSGT pass rates for exam takers.
4. Job placement statistics.
5. Completer satisfaction survey results.
6. Personnel changes.
7. Curriculum/competency changes.

Then, in 2021, the BRPT will implement a 5-year renewal process for all STAR-designated education programs. In addition to the annual report, a nominal annual fee to cover administrative costs will be required.

To learn more about the STAR Program and to view a list of all STAR-designated programs, [click here](#).



Continuing Sleep Technology Education Program

Launched in July of 2011, the CSTE program establishes BRPT as a continuing education credit granting organization. The program is designed to specifically meet the professional needs of clinical sleep health specialists. In 2019, 98 programs were approved for CSTE credits. These programs are offered by state sleep societies, online educational providers and lab management companies, among others. They included webinars, in-service programs, computer-based learning modules, and state/regional meetings and conferences.

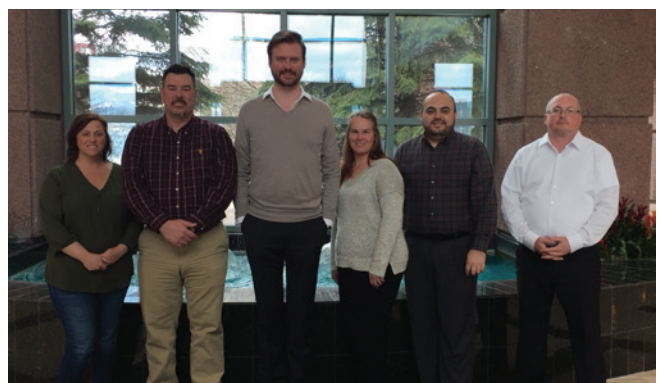
BRPT Poised For Growth

In December, the BRPT announced it was moving to a self-management model and would no longer use the services of an association management company (AMC). “We’re thrilled to have grown and reached a point where we no longer need the infrastructure of an AMC,” said BRPT President Jessica Schmidt, MA, FACHE, RPSGT, CCSH. “Our Board of Directors conducted an extensive analysis of the organization and its operating costs and determined the use of outside management services were unnecessary.” BRPT’s new offices are located in Arlington, VA.



Glimpses From The Year

The BRPT was on the move at conferences, Exam Development Committee meetings, Board meetings and other industry events.





Current BRPT Committees

Application Review Committee

Mike Longman, RPSGT, RRT, Chair

Education Committee

Amber Allen, BA, RPSGT, RST, Chair

Examination Development Committee

Rachel Mouton, RPSGT, CCSH, LPN, Chair

Professional Review Committee

Michael McLeland, PhD., M.Ed., BA, RPSGT, Chair

Public Affairs & Marketing Committee

Andrea Ramberg, AS, RPSGT, CCSH, Chair

Publications Committee

Michael McLeland, PhD., M.Ed., BA, RPSGT, Chair

Volunteer Committee

Marc C. Johnson, BA, RPSGT



2020 BRPT Board of Directors



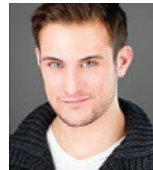
**Stephen Marquis, MBA,
RPSGT, CCSH**
President



**Eduardo Hernandez, BSRC, RPSGT,
CCSH**
Director



**Jessica Schmidt, MA, FACHE,
RPSGT, CCSH**
Past President



Nicholas Harden, RPSGT
Director



**Helen S. Driver, PhD, RPSGT, CCSH
DABSM, Somnologist**
Secretary



Vikas Jain, MD, CCSH
Director



Andrea Ramberg, BA, RPSGT, CCSH
Treasurer



Marc C. Johnson, BA, RPSGT
Director



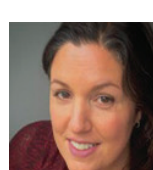
Amber Allen, BA, RPSGT, RST
Director



**Michael McLeland, PhD., M.Ed.,
BA, RPSGT**
Director



Bernie Chalmers, MA
Director – Public Member



Rachel Mouton, RPSGT, CCSH, LPN
Director

To read Board Member biographies, visit www.brpt.org.



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Current Staff

Jim Magruder, Executive Director
Ashley Shelton, Credentialing Director
Cherise Lee, Credentialing Coordinator
Maritza Saravia, Program Administrator
Lydia Pelliccia, Communications Director

**For more detailed information on BRPT programs and services,
please visit www.brpt.org.**



Past BRPT Leadership

APT Chairs (terms began and ended in June)

1978 – 1981	Moshe Reitman, RPSGT
1981 – 1983	Cynthia Mattice, RPSGT
1983 – 1985	David Franklin, RPSGT
1985 – 1987	Robin Foster, RPSGT
1987 – 1991	Andrea Patterson, RPSGT
1991 – 1993	Greg Landholdt, RPSGT
1993 – 1995	Gary Hansen, RPSGT
1995 – 1997	Daniel Herold, RPSGT
1997 – 1999	Bonnie Robertson, RPSGT, CRT
1999 – 2000	Cameron Harris, RPSGT

BRPT Presidents

2000 – 2001	Cameron Harris, RPSGT
2002 – 2003	Marietta Bellamy Bibbs, RPSGT, CCSH
2004 – 2005	Mark DiPhillipo, RPSGT
2006 – 2007	Bonnie Robertson, RPSGT, CRT
2008 – 2009	Becky Appenzeller, RPSGT, R. EEG T., CNIM, CCSH
2010 – 2011	Janice East, RPSGT, R. EEG T., CCSH
2012 – 2013	Cindy Altman, RPSGT, R. EEG/EP T., CCSH
2014 – 2015	Theresa Krupski, BS, RPSGT, RRT
2016 – 2017	Daniel D. Lane, RPSGT, CCSH, BS
2018 – 2019	Jessica Schmidt, MA, FACHE, RPSGT, CCSH

Current President

Stephen Marquis, MBA, RPSGT, CCSH