



Board of Registered Polysomnographic Technologists



2017 Year In Review The BRPT Annual Report

Published November 2018



President's Letter

My final year as President was busy, energizing and rewarding!

The RPSGT credential is accredited by the National Commission for Certifying Agencies (NCCA) confirming it complies with NCCA's stringent standards for a professional certification program. Accreditation validates the integrity of the RPSGT program and is a mark of quality. Every five years, the BRPT must apply to have the credential reaccredited. I'm delighted to report that this year, the RPSGT credential received its accreditation for the next five years. Reapplying for NCCA accreditation is a lengthy and detailed process and I'm so grateful for all of the hard work and support from the Board and Executive Office.

This year, in an effort to offset rising costs in the design, development and delivery of the RPSGT examination, a new, shorter version of the exam went into effect in September. Specifically, this new version of the RPSGT exam consists of 175 questions, versus 200. And, candidates have up to three hours to complete the exam. In addition, all items on the BRPT exams (CPSGT, RPSGT and CCSH) were updated to reference version 2.4 of the AASM Manual for the Scoring of Sleep and Associated Events.

And finally, at the end of the year, BRPT unveiled a new and improved website. Not only is this new site modern and attractive, it's also vastly more functional and offers an improved user experience. Additionally, it includes a blog to help keep you informed of BRPT and industry news, upcoming events and general musings on the clinical sleep health profession.

It's been an honor and extraordinarily gratifying to serve as the President of the BRPT for the past two years. I've thoroughly enjoyed meeting and hearing from colleagues in and outside of the country and I look forward to continuing my support of the BRPT and its ongoing efforts.

Daniel Lane, BS, RPSGT, CCSH
President



BRPT Mission Statement

The mission of The Board of Registered Polysomnographic Technologists (BRPT) is to build upon its history as the global leader in sleep technologist credentialing and certification; to provide high quality sleep technology products and services that inspire professional excellence, recognition, and lifelong learning; and to create long-term value for credential and certificate holders.

BRPT Vision Statement

The organization recognized around the world for the highest standards in sleep credentialing, certification and education.





More And More Sleep Health Specialists Earn The Certification In Clinical Sleep Health



The Certification In Clinical Sleep Health (CCSH) exam was first offered in May 2014. Currently, there are 965 CCSH credential holders with nearly 300 certified in 2017 alone. Like other BRPT examinations, the CCSH exam is available on demand with immediate test results. CCSH credential holders are advanced level health professionals who help newly diagnosed patients learn how to make improvements in their day-to-day lifestyle habits for better overall health, recognize symptoms of underlying associated health issues, and empower them to ask appropriate questions for better self-management of their sleep disorder.

The BRPT continues to expand its available resources for candidates preparing for the CCSH exam. All exam candidates should make use of the following tools:

- The CCSH Candidate Handbook has information on the exam blueprint (brpt.org/ccsh/ccsh-handbook/) and how the exam is scored. Additionally, the candidate handbook has information on the BRPT policies, procedures and standards of conduct.
- The CCSH Exam Study Guide is built against the CCSH Exam Blueprint and is a valuable resource. To purchase a copy of the Study Guide, go to: brpt.org/ccsh/exam-prep/study-guide/
- The online practice exam features questions similar in type to those found on the CCSH examination. The practice exam was designed using the same exam blueprint as the CCSH exam. The exam consists of 45 questions. Candidates have 3 hours to take the exam. Feedback is provided on individual answers, and your results will include your score. Candidates interested in purchasing and taking the practice exam, should go to: brpt.org/ccsh/exam-prep/practice-exam/
- For a list of primary references to help you prepare for the exam, go to: brpt.org/ccsh/exam-prep/references/
- If you're curious about how various labs/clinics are using billing codes today, be sure to review the Sleep Educator Reimbursement Guide: brpt.org/wp-content/uploads/BRPT_CCSH_ReimbursementGuide.pdf



CCSH Eligibility Pathways

There are currently two eligibility pathways for the CCSH exam:

CCSH Pathway 1: Clinical Experience.

For candidates with at least 1000 hours of experience in clinical sleep health AND a bachelor's degree or above.

CCSH Pathway 2: Healthcare Credential.

For candidates with an approved healthcare credential or license AND an associate's degree or above.

Note: Complete details of documentation and requirements necessary for the different examination Pathways can be found at www.brpt.org.





RPSGT Eligibility Pathways

There are 5 eligibility pathways for the RPSGT exam:

RPSGT Pathway 1: Clinical Experience.

For candidates with a minimum of 1,638 hours of experience in the field and who have also completed a STAR-designated Self-Study education program.

RPSGT Pathway 2: Healthcare Credential.

For candidates with a minimum of 546 hours of experience and who have another healthcare credential.

RPSGT Pathway 3: CAAHEP/CoARC Student.

For graduates of a CAAHEP or CoARC-accredited polysomnography education program.

RPSGT Pathway 4: Focused Training.

For candidates with a minimum of 819 hours of experience in the field and who have also completed STAR-designated Focused education, or a combination of Self-Study and Focused 2 education.

RPSGT Pathway 5: International Option.

For international candidates with a minimum of 546 hours of experience in the field.

A New Shorter Version Of The RPSGT Exam

In an effort to offset rising costs in the design, development and delivery of the RPSGT examination, a new, shorter version of the exam went into effect in September of 2017. Specifically, the new version of the RPSGT exam consists of 175 questions, versus 200 and candidates have up to three hours to complete the exam.

In addition, all items on the BRPT exams (CPSGT, RPSGT and CCSH) are now referenced to version 2.4 of the AASM Manual for the Scoring of Sleep and Associated Events.

A Snapshot Of The RPSGT Exam

By the end of 2017 there were a total of 17,718 active RPSGT credential holders. In 2017, 760 candidates passed the RPSGT exam in the United States. And, the total number of international RPSGTs totaled 1,444 with more than 50 RPSGTs credentialed in 2017. International credential holders hail from Australia, Bahamas, Brazil, Canada, China, India, Ireland, Japan, Malaysia, Mexico, Netherlands, Pakistan, Philippines, Portugal, Saudi Arabia, Singapore, South Africa, South Korea, Spain, Sweden, Switzerland, Taiwan, Thailand, Trinidad West Indies, United Arab Emirates, United Kingdom, Virgin Islands, Wales.

It's important to note that pass rates for the RPSGT exam typically vary by education and experience. These pass rates, indicated below, are typical in an allied health field with multiple entries into practice.

PASS RATES

| | | |
|------------|-----------------------|-----|
| Pathway #1 | Clinical Experience | 49% |
| Pathway #2 | Healthcare Credential | 77% |
| Pathway #3 | CAAHEP/CoARC | 56% |
| Pathway #4 | Focused Training | 61% |
| Pathway #5 | International | 75% |



CPSGT®
Certified Polysomnographic Technician

The CPSGT Exam Remains a Viable Entry Into The Profession

The CPSGT exam is geared toward individuals who are new to polysomnography and have limited clinical experience, or are not ready to take the RPSGT exam. In 2017, 127 individuals became CPSGT certificate holders. Currently, there are 207 active CPSGTs.

CPSGT Examination Pathways:

There are 3 eligibility pathways for the CPSGT exam:

CPSGT Pathway 1: Clinical Experience.

For candidates with a minimum of three months of clinical experience in polysomnography, and who have completed a STAR-designated Self-Study education program.

CPSGT Pathway 2: CAAHEP/CoARC Student.

For students within 2 months of graduation from, or graduates of, a CAAHEP or CoARC-accredited polysomnography technology education program.

CPSGT Pathway 3: Focused Training.

For candidates who have completed STAR-designated Focused education, or a combination of Self-Study and Focused 2 education.

The RPSGT Exam: NCCA Accredited

The National Commission For Certifying Agencies (NCCA) was created in 1987 by the Institute for Credentialing Excellence (ICE) – formerly the National Organization for Competency Assurance (NOCA) – to help ensure the health, welfare, and safety of the public through the accreditation of a variety of certification programs/organizations that assess professional competence. NCCA accredits over 200 of the leading credentialing examinations in the United States, including exams in many of the nursing and other allied health disciplines.

In the professional credentialing industry, NCCA accreditation represents compliance with best credentialing industry practices. Every five years, the BRPT must apply to have the RPSGT credential reaccredited. **In 2017, the RPSGT credential received its accreditation for the next five years.**



RPSGT Recertification – Nearly 6,000 RPSGTs Slated For Recertification In 2017



Recertification is required every five years in order to maintain the RPSGT credential. It represents best practices, a commitment to continuing education, and keeping up to date on the latest developments in the field. Recertification may be achieved either by accumulating 50 approved continuing education credits during the last active 5 year credential window, or by retaking and passing the RPSGT exam. Certification holders with more than one BRPT credential can apply the same continuing education credits toward multiple recertifications as long as the continuing education content is applicable and occurs within the required time period for recertification.

Over the course of 2017, 5,974 RPSGTs were required to recertify, with 4,692 completing the recertification process. The recertification rate for RPSGTs was approximately 79%.

BRPT Unveils New And Improved Website

After months of designing, strategizing, vetting, copywriting, editing and testing, the BRPT launched a new website. Not only is the new website modern and attractive, it's also vastly more functional and offers an improved user experience.

The new site offers an easy-to-use intuitive interface and is centered around three key components:

- **Apply** (applying for the three BRPT examinations and the tools to facilitate and prepare for that process)
- **Recertify** (the necessary elements to keeping your credential up to date and on track for timely recertification)
- **Learn** (the educational resources available to clinical sleep health professionals)

Our new website also includes some photos of real technologists in the field, showcasing the work they do each day.





STAR Program Supports Education For Experiential Pathways For BRPT Exams

The BRPT's Sleep Technology Approved Resource (STAR) Program has more than 30 educational programs receiving the STAR-designation. The STAR program is not an accrediting body for educational programs; it is a means for BRPT to approve education for experiential pathways for the BRPT examinations. The STAR program does not apply to CAAHEP or CoARC accredited education programs which undergo rigorous evaluation and review by their accrediting bodies. BRPT strongly supports and encourages accreditation of educational programs by CAAHEP and CoARC. However, because there are multiple entries into the field and limited access to formal PSG programs currently, BRPT uses the STAR program as a means to designate approval of alternative education for exam eligibility for experiential pathways. STAR-designated programs fall into one or more of the following education categories: Self-Study, Focused, Focused 2.

To learn more about the STAR Program and to view a list of all STAR-designated programs, go to: [click here](#).

Continuing Sleep Technology Education Program



Launched in July of 2011, the CSTE program establishes BRPT as a continuing education credit granting organization. The program is designed to specifically meet the professional needs of clinical sleep health specialists. Each year, nearly 200 programs are approved for CSTE credits. These programs are offered by state sleep societies, online educational providers and lab management companies, among others. They included webinars, in service programs, monthly case conference and state/regional meetings.



Glimpses From The Year

The BRPT was on the move at conferences, Exam Development Committee meetings, Board meetings and other industry events.





Current BRPT Committees

Application Review Committee

Mike Longman, RPSGT, RRT, Chair

CSTE Committee

Amber Allen, BA, RPSGT, RST, Chair

Education Committee

Daniel Lane, BS, RPSGT, CCSH, Chair

Examination Development Committee

Becky Appenzeller, RPSGT, R. EEG T., CNIM, Chair

Professional Review Committee

Michael McLeland, PhD., M.Ed., BA, RPSGT, Chair

Public Affairs & Marketing Committee

Andrea Ramberg, AS, RPSGT, CCSH, Chair

Publications Committee

Michael McLeland, PhD., M.Ed., BA, RPSGT, Chair

Volunteer Committee

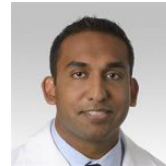
Stephen Marquis, MBA, RPSGT, CCSH, Chair



2018 BRPT Board of Directors



**Jessica Schmidt, MA,
FACHE, RPSGT, CCSH**
President



Vikas Jain, MD
Director



**Daniel D. Lane, RPSGT,
CCSH, BS**
Past-President



**Marc C. Johnson, BA,
RPSGT**
Director



**Helen S. Driver, PhD,
RPSGT, CCSH, DABSM,
Somnologist**
Secretary



**Michael McLeland,
PhD., M.Ed., BA, RPSGT**
Director



**Stephen Marquis, MBA,
RPSGT, CCSH**
Treasurer



**Rachel Mouton, RPSGT,
CCSH, LPN**
Director



**Amber Allen, BA, RPSGT,
RST**
Director



**Jomo Martin Nkunika,
MSHCA, BS, CCSH,
RPSGT, RST**
Director



Bernie Chalmers, MA
Director – Public Member

To read Board Member biographies, visit www.brpt.org.



BRPT Executive Office

1420 New York Avenue, NW
5th Floor
Washington, DC 20005
Phone: (202) 868-6747

Website: www.brpt.org
E-mail: info@brpt.org; recert@brpt.org

Current Staff

Jim Magruder, Executive Director
Ashley Shelton, Credentialing Director
Cherise Lee, Credentialing Coordinator
Maritza Saravia, Program Administrator
Kelly Rich, Administrative Coordinator
Lydia Pelliccia, Communications Director

For more detailed information on BRPT programs and services,
please visit www.brpt.org



Past BRPT Leadership

APT Chairs (terms began and ended in June)

| | |
|-------------|------------------------------|
| 1978 – 1981 | Moshe Reitman, RPSGT |
| 1981 – 1983 | Cynthia Mattice, RPSGT |
| 1983 – 1985 | David Franklin, RPSGT |
| 1985 – 1987 | Robin Foster, RPSGT |
| 1987 – 1991 | Andrea Patterson, RPSGT |
| 1991 – 1993 | Greg Landholdt, RPSGT |
| 1993 – 1995 | Gary Hansen, RPSGT |
| 1995 – 1997 | Daniel Herold, RPSGT |
| 1997 – 1999 | Bonnie Robertson, RPSGT, CRT |
| 1999 – 2000 | Cameron Harris, RPSGT |

BRPT Presidents

| | |
|-------------|---|
| 2000 – 2001 | Cameron Harris, RPSGT |
| 2002 – 2003 | Marietta Bellamy Bibbs, RPSGT, CCSH |
| 2004 – 2005 | Mark DiPhillipo, RPSGT |
| 2006 – 2007 | Bonnie Robertson, RPSGT, CRT |
| 2008 – 2009 | Becky Appenzeller, RPSGT, R. EEG T., CNIM, CCSH |
| 2010 – 2011 | Janice East, RPSGT, R. EEG T., CCSH |
| 2012 – 2013 | Cindy Altman, RPSGT, R. EEG/EP T., CCSH |
| 2014 – 2015 | Theresa Krupski, BS, RPSGT, RRT |
| 2016 – 2017 | Daniel D. Lane, RPSGT, CCSH, BS |

Current President

Jessica Schmidt, MA, FACHE, RPSGT, CCSH