BOARD OF REGISTERED POLYSOMNOGRAPHIC TECHNOLOGISTS

STAR
SLEEP
TECHNOLOGY
APPROVED
RESOURCE

SLEEP TECHNOLOGY APPROVED RESOURCE PROGRAM
STAR APPLICATION

IMPORTANT CHANGES TO STAR PROGRAM REPORTING EFFECTIVE 2023

Effective January 2023, the BRPT will launch it's new reporting system in which the BRPT will generate STAR program examination results statistics which will then be delivered to our STAR Program Directors. This data will be delivered annually and will not be generated at any other time during the year outside of the reporting period. To cover the administrative costs associated with processing these reports, all STAR programs are still required to pay the $200 annual STAR dues that were launched and enforced in early 2022.

BRPT

SLEEP TECHNOLOGY APPROVED RESOURCE PROGRAM
STAR APPLICATION

Date of Application: _____

Name of Education Program: _____

Program Contact: _____ E-Mail Address: _____

Program Address: _____

City, State, Zip: _____ Country: _____

TYPE OF STAR DESIGNATION BEING REQUESTED (PLEASE USE ONE APPLICATION FOR EACH PROGRAM TYPE):

☐ **SELF-STUDY** Program consists of organized, self-paced, education tracts that are usually text book or computer-based.

☐ **FOCUSED** Program includes both self-study or expanded classroom education and at least 80 hours of lecture and on-site skills training. International education programs, education programs pending CAAHEP or CoARC accreditation, and certificate programs fall into this category.

☐ **FOCUSED 2** Program includes a minimum of 80 hours of lecture and on-site skills training. It must be paired with a separate Self-Study program to meet exam eligibility requirements. The Focused 2 provider does not need to offer a Self-Study program.

EDUCATION LEVEL

☐ RPSGT/CPSGT (Comprehensive)   ☐ CPSGT (Specific)   ****Please note that the applying Program Director must hold the BRPT issued credential to which their program teaches****

How long has the program been in existence? _____ Anticipated number of students per year? _____

THE FOLLOWING ATTACHMENTS MUST BE SUBMITTED ALONG WITH THE APPLICATION:

Included

☐ A. Course Brochure/Advertisement

☐ B. Program Curriculum

☐ C. 3 Sample Examinations

☐ D. Sample Certificate of Completion

☐ E. Sample Program Evaluation

☐ F. Program Director Curriculum Vitae

☐ G. List of Key Faculty and Their Credentials

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SECTION A: PROGRAM COMPLIANCE

1. Does the program use instructors and course developers who are credentialed in sleep technology and/or sleep medicine, respiratory care, neurodiagnostics, or their specialty fields? Briefly explain.

☐ Yes   ☐ No

2. Does the program provide an examination at the completion of each topic or program to assess the student's knowledge and understanding of the materials presented? Briefly explain.

☐ Yes   ☐ No

3. Is the program content and information based on current references and textbooks? Briefly explain.

☐ Yes   ☐ No

4. Does the program provide education and instructional methods in accordance with industry standards? Briefly explain.

☐ Yes   ☐ No

5. Does the program provide a certificate to document a student's successful completion of each education module and/or the entire program? Briefly explain.

☐ Yes   ☐ No

SECTION B: BASIC EDUCATION CONTENT

Indicate the Basic Education content included in your Program. Identify corresponding Course, Module, or Chapter Title(s).
FOCUSED 2 APPLICANTS DO NOT COMPLETE THIS SECTION.

YES	BASIC EDUCATION CONTENT	CORRESPONDING COURSE OR MODULE(S)	CONTACT HOURS
☐	**Patient Information and clinical assessment** Suggested topics include clinician's orders and testing indications, history and physical, medication effects, patient interview and orientation, establishing clinical baselines, and use of questionnaires.		
☐	**Patient and caregiver interaction and education** Suggested topics include sleep hygiene, importance of therapy, sleep disorder education, confidentiality, standards of conduct, age- and condition-specific considerations, communication, patient identification, patient assessment, and patient follow up.		
☐	**Sleep disorder classifications and diagnostic criteria** Suggested topics include The International Classification of Sleep Disorders, sleep-related breathing disorders, parasomnias, movement disorders, circadian rhythm disorders, insomnia, hypersomnia, narcolepsy, and nocturnal epilepsy.		
☐	**Support and compliance** Suggested topics include PAP desensitization techniques, application and mechanics of PAP therapy, and understanding and responding to a PAP download report.		
☐	**Technical preparation for a sleep study** Suggested topics include equipment and supplies, screen resolution, sampling rate, polarity, montages, appropriate anatomical locations, site preparation and application, impedance verification, technical specifications and instrumentation, and audio/video recording.		
☐	**Calibrations** Suggested topics include calibrating the recording device, calibrating the ancillary equipment, and physiologic verification.		
☐	**Procedures and practice guidelines** Suggested topics include adult PSG, pediatric PSG, MSLT, MWT, HSAT, actigraphy and PAP-NAP.		

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YES	BASIC EDUCATION CONTENT	CORRESPONDING COURSE OR MODULE(S)	CONTACT HOURS
☐	**Sleep/wake physiology and pathophysiology** Suggested topics include normal REM and NREM sleep, basic respiratory and cardiac physiology, effects of sleep disruption, and age-specific variations and conditions.		
☐	**Identify, respond, and document during sleep studies** Suggested topics include waveform variations (abnormal EEG), identifying artifacts, equipment malfunctions, physiologic/clinical events, and settings (filters, sensitivity, gain).		
☐	**Scoring Adult PSG** Suggested topics include sleep stages, arousals, respiratory events, desaturations, movements, and cardiac events for the adult patient population.		
☐	**Scoring Pediatric and infant PSG** Suggested topics include sleep stages, arousals, respiratory events, desaturations, movements, and cardiac events for the pediatric and infant patient population.		
☐	**Report generation** Suggested topics include calculations (AHI, RDI, TST), technologist observation and summary, and histograms/hypnograms.		
☐	**PAP therapy** Suggested topics include adult practice guidelines, pediatric practice guidelines, proper mode of intervention (CPAP, Bilevel, ASV, NIV), acclimation and proper interface fit, troubleshooting PAP issues, and indications/ contraindications for PAP therapy.		
☐	**Oxygen therapy** Suggested topics include oxygen titration practice guidelines and indications/contraindications for oxygen therapy.		
☐	**Alternative therapies** Suggested topics include oral appliances, positional therapy, and surgical options.		
☐	**Patient Safety and Emergency Situations** Suggested topics include cleaning and disinfecting, recognizing and responding to patient and building emergencies, preventative maintenance, facility requirements, safe handling of sharp/contaminated/ hazardous materials.		

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SECTION C: FOCUSED AND FOCUSED 2 ON-SITE AND SKILLS REQUIREMENTS

List course titles and hours. On-Site Course Hours must total a minimum of 80 hours. There must be a minimum of 15 hours dedicated to performing polysomnography including clinical hands-on experience or observation. SELF-STUDY APPLICANTS DO NOT COMPLETE THIS SECTION.

Briefly describe where and how the student receives on-site training and instruction:

CONTACT HRS	TITLES OF ON-SITE LECTURES/COURSES AND SKILLS TRAINING	LECTURE	CLINICAL	OBSERVATION
		☐	☐	☐
		☐	☐	☐
		☐	☐	☐
		☐	☐	☐
		☐	☐	☐
		☐	☐	☐
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		☐	☐	☐
		☐	☐	☐
		☐	☐	☐
		☐	☐	☐

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CONTACT HRS	COURSES DEDICATED TO PERFORMING POLYSOMNOGRAPHY (MINIMUM 15 HOURS)	LECTURE	CLINICAL	OBSERVATION
		☐	☐	☐
		☐	☐	☐
		☐	☐	☐
		☐	☐	☐
		☐	☐	☐
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		☐	☐	☐
		☐	☐	☐
		☐	☐	☐

SECTION D: ADDITIONAL COMMENTS

**Submit completed application and
supporting documents electronically to STAR@BRPT.org**

Allow up to 45 days for program review.

Send questions regarding the application or approval to STAR@BRPT.org

Program Director: _____

Electronic Signature: _____ Date _____